

# **BEAUTY TREATMENTS**

We offer a complete range of Beauty Treatments from head to toe. For all your Hair and Holistic needs please see our separate Price Lists

THE OLD CHURCH 8 MILL ST, OAKHAM, RUTLAND LE15 6EA T: 01572 723823 cremehairandbeauty.co.uk







# **SALON ETIQUETTE**

We want everyone to have the best possible experience when they visit us at Creme and have some guidelines to ensure that you can take time out and relax.

- We discourage the use of mobile phones and respectfully request that they are on silent when you are in the salon.
- All appointments are booked for the time you need and so we ask you to arrive promptly. If
  you arrive late we will do our best to keep to the treatments. However, because we do not
  want to keep anyone waiting we may have to shorten/change your appointment if your
  stylist/therapist has another client immediately after you.
- It is vital that all new clients have a skin test before any hair colour or eye treatments, even
  if they have had colour or tinting previously. We cannot overstate the importance of skin
  testing for your well being and safety.

# **T**REATMENTS

ST. TROPEZ SPRAY TANNING FULL BODY TAN

TIME: 25 Minutes £30

HALF BODY TAN

TIME: 10 Minutes £15

Whether you would prefer your upper or lower body tanned, we will have you looking sun-kissed in no time.

**EAR PIERCING - PAIR** 

TIME: 25 Minutes £30

We pierce up to three holes on the lobes only.

# HAND AND FOOT TREATMENTS

When booking your treatment, please let us know if you have any polish or gel on already, as we will need to allow extra time to remove this..

#### **CREME MANICURE**

TIME: 70 Minutes £42

A full manicure including nail and cuticle work, exfoliation, massage and nail polish application.

#### MALE MANICURE

TIME: 40 Minutes £32

A full manicure including nail and cuticle work exfoliation and massage.

#### CREME PEDICURE

TIME: 70 Minutes £48

A full pedicure including nail and cuticle work, hard skin rasping, exfoliation, foot massage and nail polish application. Please bring your flip flops!

#### **MALE PEDICURE**

TIME: 40 Minutes £40

A full pedicure including nail and cuticle work, hard skin rasping, exfoliation and foot massage.

# FILE AND VARNISH (HANDS OR FEET)

TIME: 25 Minutes £25

# FILE, CUTICLE AND VARNISH (HANDS OR FEET)

TIME: 40 Minutes £37

# **OPI GEL COLOUR**

Introducing OPI gel colour. OPI is the number one nail salon brand worldwide. Therefore, they leave the use of the GelColour range to the professionals. So sit back, relax and get your nails perfected.

#### **OPI GEL POLISH FINGERS/TOES**

TIME: 55 Minutes £40

Includes: nail shaping, cuticle work and OPI gel polish application.

#### **GEL POLISH MANICURE**

TIME: 70 Minutes £47

Includes: nail shaping, cuticle work, OPI gel polish application, exfoliation and hand and arm massage.

#### **GEL POLISH PEDICURE**

TIME: 70 Minutes £5 I

Includes: nail shaping, cuticle work, OPI gel application, exfoliation, rasping and foot and lower leg massage.

#### **GEL SOAK OFF AND TIDY**

TIME: 25 Minutes alone £20 before re-application £9.50

#### **BUILDER GEL SHAPE AND PAINT**

TIME: 70 Minutes £50

Includes: nail shaping, cuticle work, Builder Gel application with gel colour of choice.

#### **NAIL EXTENSIONS**

TIME: 70 Minutes £52

Includes: nail shaping, cuticle work, tips and gel colour application.

#### THE CREME PROMISE

The price you see is the price you pay - there are no hidden extras

# **LASHES**

#### **EYELASH EXTENSIONS**

TIME: Full Set 55 - 115 Minutes £65

Individual extensions are a safe and effective method of dramatically enhancing the appearance of the eyes. The natural lashes are thickened and lengthened almost weightlessly. Results can last up to two months and with regular top up treatments, the effect is indefinite.

#### **MYLASH EYELASH LIFT**

TIME: 45 - 60 Minutes £60

Marvel-lash eyelash lift gently and comfortably lifts natural lashes from the root. Includes lash tint. The lashes appear longer and thicker. Results can last up to 2 months.

#### **EXPRESS LASHES**

TIME: 45 Minutes

£45

Individual lash extensions are applied using a different technique for a non permanent effect, i.e. a weekend away. These can be applied the day before a make-up application for a very tailored look.

#### LASH EXTENSION INFILLS

TIME: 45 Minutes

£45

Needed every 2 - 3 weeks for permanent effect

#### STRIP LASHES

TIME: 10 Minutes

£15

Have our traditional false eyelashes put on by a professional to ensure perfection.

A patch test is required 48 hours prior to any lash treatments.

# MAKE UP

#### **BRIDAL MAKE UP TRIAL**

TIME: 90 Minutes

£90

Incorporating a consultation and trial. Price for Wedding Day make up will be quoted after trial and payable in full in advance (non refundable) to confirm booking - including mother of the bride/bridesmaids etc.

#### OCCASIONAL MAKE UP APPLICATION

TIME: 60 Minutes

£60

# HAIR REMOVAL/SHAPE AND TINT

UNDERARMWAX		EYE LASH TINT	
TIME: 10 Minutes	£15	TIME: 25 Minutes	£26
BIKINI WAX		EYE BROW TINT	615
TIME: 10 Minutes	£15	TIME: 10 Minutes	£15
HIGH BIKINI WITH HOT WAX		EYE LASH AND BROW TINT TIME: 25 Minutes	(22
TIME: 20 Minutes	£19	Tille: 25 Minutes	£32
EYEBROW WAX	£15	A patch test is required 48 hours prior to any lash treatments.	
LIP WAX/ CHIN WAX	£15		
HALF LEG WAX		THREADING	
TIME: 25 Minutes	£25	LIP / EYEBROW / CHIN TIME: 10 Minutes Each	h £15
FULL LEG WAX WITHOUT BIKINI TIME: 40 Minutes	£35		
Tille: 40 Minutes	LJJ	ELECTROLYSIS	615
FULL LEG WAX INCLUDING BIKINI		TIME: 10 Minutes TIME: 25 Minutes	£15 £30
TIME: 50 Minutes	£47	TIME: 40 Minutes TIME: 55 Minutes	£45 £60
BACK WAX		A free 30 minute consultation must be	
TIME: 40 Minutes	£30	booked at least 48 hours before first treatment. This includes a small area of	
BRAZILIAN BIKINI WAX		electrolysis.	
TIME: 40 Minutes	£40	electi diysis.	
HOLLYWOOD BIKINI WAX		BROW LAMINATION	
TIME: 45 Minutes	£45	TIME: 55 Minutes	£46
		Brow lamination will give you fuller, bo	lder
		and naturally looking brows.Will include	le a
		brow tint and shape lasting between 4-weeks.	.6

A patch test is required 48-72 hours

prior to treatment.

# **BEAUTYLAB FACIALS**

Employing cutting-edge skincare science, integrated with smart technology, BeautyLab's sophisticated products are abundent in natural actives, oils, gemstones, peptides and proteins that work in synergy with skin.

#### MINI FACIAL

TIME: 25 Minutes

£32

An introductory BeautyLab experience,to rejuvenate the skin and protect its natural barrier. Perfect for a little 'me' time.

#### **ESSENTIAL FACIAL**

TIME: 55 Minutes

£52

Indulge and relax with BeautyLab's antioxidant essentials range. Rich in plant collagen and ceremides; this facial will deeply hydrate and enrich your skin for a true natural glow. Includes a nourishing cleanse, tone and exfoliation; followed by a relaxing facial massage, face mask and scalp massage. Our therapists will carefully tailor the appropriate products to your skin for bespoke benefits and beautiful results.

#### GLYCO-PEEL FACIAL

TIME: 40 Minutes

£55

Glycolic acid, Salicylic acid and pomegranate enzymes work to reveal radiance. Targets skin conditions such as blemishes, pigmentation, age spots, sun damage and acne.

# MICRO-NEEDLING FACIAL TREATMENT

TIME: 40 Minutes

£58

Micro-needles stimulate the production of healthy collagen and elastin in the skin. This results-driven treatment enhances the delivery of our active skin care products and aids the regeneration of skin. The result is a smooth, radiant and youthful complexion.

## **MASSAGE**

# DEEP MUSCLE FULL BODY MASSAGE TIME: 85 Minutes Releases deep set tension, whilst relaxing your body with pre blended Aromatherapy oils, using specific massage movements and techniques. BACK MASSAGE TIME: 25 Minutes TIME: 40 Minutes Light or deep pressure on the neck, shoulders and back.

## INDIAN HEAD MASSAGE

£45

Indian Head Massage is a traditional form of massage. It can be felt far deeper in the head, neck and shoulder area, than a normal massage and is particularly effective in treating tension and stress that builds up in those areas.

## FULL BODY MASSAGE

TIME: 55 Minutes	£60
TIME: 85 Minutes	£90

£35 £45

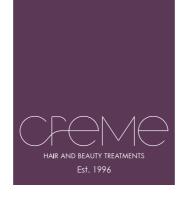
Swedish massage techniques over the whole body.

#### HOT STONE MASSAGE

TIME: 25 Minutes	£43
TIME: 40 Minutes	£54

Our volcanic stones are used for a ten times deeper massage.

Please see our separate holistic price list for alternative body treatments.



# **OPENING HOURS**

Monday	Closed	
Tuesday	9 - 5	
Wednesday	9 - 5	
Thursday	9 - 8	
Friday	9 - 5	
Saturday	8.30 - 4	

# Gift Vouchers available

Cancellations for hair, beauty and holistic treatments must be notified with at least 24 hours notice. A 50% charge will be payable for cancellations made within 24 hours.

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